

## Indoor Swim Lessons and Aerobics

The lessons and classes listed below will take place at the community center indoor pool. There are also some additional parent & tot classes at the outdoor pool (TFAC). All other summer swim lessons will take place at the outdoor pool. Participants must furnish towel and suit. All fees are separate from passes. **Refunds for all swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.** Instructor ratios for these classes are 1:15.

**Parent and Infant (6 months - 18 months) Non-Res: \$54; Res Disc: \$49** - Adult participation required. Introduce your child to the water. Participating adults will learn holding positions, cues, safety skills and emergency prevention, while introducing their child to the water in a safe and nurturing environment.

**Parent and Tot (19 months - 3 years) - Non-Res: \$54; Res Disc: \$49** - Adult participation required. This class is an extension of the Parent and Infant class.

### 4 Week Classes – Mon and Wed

**Session 1: May 27- June 22 (starts Wed)**

**Act# 133021**

|   |             |               |
|---|-------------|---------------|
| A | 10-10:30 am | Parent/Infant |
| B | 10:30-11 am | Parent/Tot    |

**Session 2: June 24-July 20 (starts Wed)**

**Act# 133022**

|   |             |               |
|---|-------------|---------------|
| A | 10-10:30 am | Parent/Infant |
| B | 10:30-11 am | Parent/Tot    |

**Session 3: July 22- Aug 17 (starts Wed)**

**Act# 133023**

|   |             |               |
|---|-------------|---------------|
| A | 10-10:30 am | Parent/Infant |
| B | 10:30-11 am | Parent/Tot    |

### 4 Week Classes – Tues and Thurs

**Session 1: May 28 - June 23 (starts Thur)**

**Act# 133013**

|   |              |               |
|---|--------------|---------------|
| A | 6:50-7:20 pm | Parent/Infant |
| B | 7:20-7:50 pm | Parent/Tot    |

**Session 2: June 25 - July 21 (starts Thur)**

**Act# 133014**

|   |              |               |
|---|--------------|---------------|
| A | 6:50-7:20 pm | Parent/Infant |
| B | 7:20-7:50 pm | Parent/Tot    |

**Session 3: July 23 - Aug 18 (starts Thur)**

**Act# 133015**

|   |              |               |
|---|--------------|---------------|
| A | 6:50-7:20 pm | Parent/Infant |
| B | 7:20-7:50 pm | Parent/Tot    |

### 8 Week Classes

**Fridays: June 12 - Aug 7 (no class 7/3)**

**Act# 133016**

|   |             |               |
|---|-------------|---------------|
| A | 10-10:30 am | Parent/Infant |
| B | 10:30-11 am | Parent/Tot    |

**Saturdays: June 13 -Aug 8 (no class 7/4)**

**Act# 133017**

|   |             |               |
|---|-------------|---------------|
| A | 9-9:30 am   | Parent/Infant |
| B | 9:30-10 am  | Parent/Tot    |
| C | 10-10:30 am | Parent/Infant |
| D | 10:30-11 am | Parent/Tot    |
| E | 11-11:30 am | Parent/Tot    |

**Sundays: June 14-Aug 9 (no class 7/5)**

**Act# 133024**

|   |           |               |
|---|-----------|---------------|
| A | 5-5:30 pm | Parent/Infant |
| B | 5:30-6 pm | Parent/Tot    |

### Adult/Teen Swim Classes

**Fee:** Non-res: \$66; Res Disc: \$61

**Ratio:** 1:8 **Days:** T/TH

#### Adult/Teen Beginners

For those who have never swam before and have a fear of the water; focus on becoming comfortable in and around the water.

#### Adult/Teen Intermediate

For those that are able to swim front and back crawl independently in the water; class will assist with form and techniques on various strokes.

#### Adult/Teen Advanced

For STRONG swimmers who want a swim team type workout. This class will include workouts and participants will have the ability to create their own workout.

**Session 1: May 28 - June 23 (starts Thur)**

**Act# 133010**

|   |              |              |
|---|--------------|--------------|
| A | 7:55-8:40 pm | Beginner     |
| B | 7:55-8:40 pm | Intermediate |
| C | 7:55-8:40 pm | Advanced     |

**Session 2: June 25 - July 21 (starts Thur)**

**Act# 133010**

|   |              |              |
|---|--------------|--------------|
| D | 7:55-8:40 pm | Beginner     |
| E | 7:55-8:40 pm | Intermediate |
| F | 7:55-8:40 pm | Advanced     |

**Session 3: July 23 - Aug 18 (starts Thur)**

**Act# 133010**

|   |              |              |
|---|--------------|--------------|
| G | 7:55-8:40 pm | Beginner     |
| H | 7:55-8:40 pm | Intermediate |
| I | 7:55-8:40 pm | Advanced     |

**8 Week Session: June 14 - Aug 9 (Sun)**

**No class 7/5**

**Act# 133010**

|   |              |              |
|---|--------------|--------------|
| J | 5:05-5:50 pm | Beginner     |
| K | 5:05-5:50 pm | Intermediate |
| L | 5:05-5:50 pm | Advanced     |

### Lesson Cancellations

**For all swim lessons there is no make-up class for the first class cancelled due to inclement weather or unforeseen circumstances.**

### Wave Water Aerobics

Ride the waves of fun as a variety of moves make for a great workout! Class is designed for adults.

**Location:** Community Center Indoor Pool

**Dates: June 15 -August 20**

**Fee:** NR: \$105 Res Disc:\$100

| Act #   | Day   | Time       |
|---------|-------|------------|
| 133020A | T/TH  | 7-7:50 pm  |
| 133020C | M/W   | 9-9:50 pm  |
| 133020E | M/W/F | 9-9:50 am* |

\*Class is held at TFAC outdoor pool;

**Fee:** NR-\$155 and Res-\$150

**Dates: June 20 - August 23 (no class 7/4-5)**

**Fee:** NR: \$55 Res Disc: \$50

| Act #   | Day | Time         |
|---------|-----|--------------|
| 133020B | Sat | 9:05-9:55 am |
| 133020D | Sun | 6-6:50 pm    |

### Kids Wave Aerobic Class

Water aerobics is not only very low impact; it is fun and a great workout. Youth ages 10-15, will have the chance to get a good cardio and water resistant work out.

**Location:** Community Center Indoor Pool

**Fee:** Non-Res: \$55

Res Disc: \$50

**Session: June 20-Aug 22 (Weeks: 8)**

no class 7/4

| Act #   | Day | Time        |
|---------|-----|-------------|
| 133003A | Sat | 10-10:50 am |

## Summer Indoor Pool Schedule - June 15 - August 23\*

| Monday                                | Tuesday                                 | Wednesday                                    | Thursday                                | Friday                                       | Saturday  | Sunday                                 |
|---------------------------------------|---|--|---|--|---|--|
| Adult Lap<br>6-8:45 am                | Adult Lap/<br>Therapy Swim<br>6-8:45 am | Adult Lap<br>6 am-Noon                       | Adult Lap/<br>Therapy Swim<br>6-8:45 am | Adult Lap<br>6 am-Noon                       | Adult Lap/Therapy<br>8-9 am                         |  |
| Senior Aqua<br>9-10:50 am             | Senior Aqua<br>9-10:50 am               | Therapy Pool Swim<br>6-10 am<br>11am-9:30 pm | Senior Aqua<br>9-10:50 am               | Therapy Pool Swim<br>6-10 am<br>11am-9:30 pm | Water Wave Aerobics<br>9:05-9:55 am                 |  |
| Half Pint Swim<br>10-10:45 am         |   | Swim Lessons<br>10-11 am                     |   | Swim Lessons<br>10-11 am                     | Swim Lessons<br>9-11:30 am                          | Adult Lap/Therapy<br>Swim<br>9 am-Noon |
| Adult Lap/Therapy<br>10:55 am-Noon    | Half Pint Swim<br>10-10:45 am           | Half Pint Swim<br>10-10:45 am                | Half Pint Swim<br>10-10:45 am           | Half Pint Swim<br>10-10:45 am                | Kids Wave Aerobics<br>10-10:55 am                   |  |
| Open Swim<br>12-9 pm                  | Open Swim<br>11 am-6:50 pm              | Open Swim<br>12-9 pm                         | Open Swim<br>11 am-6:50 pm              | Open Swim<br>12-9:30 pm                      | Open Swim/No Lap<br>11:30 am-6 pm                   | Open Swim/<br>No Lap<br>12 Noon-5 pm   |
|                                       | Water Wave Aerobics<br>7-7:50 pm        |  |   |  | Family Night<br>2nd Saturday of the month<br>5-8 pm |  |
|                                       | Swim Lessons<br>6:50-7:50 pm            |  | Swim Lessons<br>6-6:50 pm               |  | Rentals & Special Events<br>6-10 pm                 | Swim Lessons<br>5-6 pm                 |
|                                       | Adult Teen Lessons<br>7:55-8:40 pm      |  | Water Wave Aerobics<br>7-7:50 pm        |  |   | Water Wave Aerobics<br>6-6:50 pm       |
| Water Wave Aerobics<br>9-9:50 pm      |   | Water Wave Aerobics<br>9-9:50 pm             | Adult Teen Lessons<br>7:55-8:40 pm      |  |   |  |
| Adult Lap/Therapy 1 lane<br>9-9:50 pm |   | Adult Lap/Therapy<br>1 lane<br>9-9:50 pm     |   |  |   |  |



\*Schedule is tentative as some activities may be cancelled or times altered due to other functions or activities.

### Pool Schedule Key

#### Passholder Swim Times

- **Adult Lap Swim:** Ages 18 and older. Lap lanes are available for lap swim. See open swim description for additional lap swim times.
- **Half Pint Swim:** Leisure swim is open for toddlers and their parents/adult supervisor. Adult must enter water with child.
- **Adult Therapy Swim:** Ages 18 and older. The therapy pool is also open during all open swims for adults.
- **Open Swim:** All ages welcome. Children under 10 must be directly supervised in the water by an individual 16 or older. The leisure and slide areas will be open. Adults have use of the therapy pool and at least one lap lane (M-F). Lanes may not be available on Saturday and Sunday.

#### Class Swim Times (shades in schedule above)

**Swim Lessons and Exercise Classes:** You must register and pay separately for these programs. See page 37 and 38 for more information.

### Holiday Open Swim Hours

- May 25 8-10 am (adult lap and therapy)  
10 am-1:30 pm (open swim)
- July 4 9-11 am (adult lap and therapy)  
11 am-5 pm (open swim)

### Troy Community Center CLOSED for Annual maintenance and re-marcing August 24-September 7

Community Center members can use the  
Troy Family Aquatic Center during shutdown for FREE.

### Attention Scout Leaders!

Scout leaders can reserve a time during open swim for your group to get basic safety info or cover badge requirements. A fun outing for the group! **Instructor Fee:** \$10/hour per 10 participants.  
**Entry Fee:** Regular rates and policies apply

For more information call 248.524.3484.

## Summer Celebration Week

The Troy Family Aquatic Center (TFAC) and Troy Community Center (TCC) Indoor Pool are celebrating Summer with a special week of fun-filled activities for everyone! Regular admission fees apply unless noted.



### Sunday, July 12

#### TCC Family Fun Day

TCC celebrates summer with fun for the entire family! Noodles will be available for everyone to enjoy. Kid's-themed music will be played throughout the day. Removable tattoos will also be available for all.

### Sunday, July 12

#### TFAC Harvey's Day

Our mascot (Harvey the Octopus) takes the day over. Learn more about Harvey and participate in our coloring contest. Kid's themed music will be played throughout the day. There will also be removable tattoos available for all. Mother's Day at TFAC - Moms free when accompanied by children over 3. Regular fees apply for children.

### Monday, July 13

#### TCC and TFAC Patriotic Day

Join the staff in wearing your red, white, and blue. Color a patriotic picture and we will put it up in the pool area.

### Tuesday, July 14

#### TCC and TFAC College Day

Make your alma mater proud! Join the staff in wearing your favorite college apparel. Staff will also play some college themes from various colleges throughout the day.

### Wednesday, July 15

**TCC Summer Celebration Day** - Noodles and tubes will be available throughout the day in the pool area. Get in at the rate of \$4 all day.

**TFAC Summer Celebration Day** - Celebrate the summer with staff. Get in at the evening rate all day long.

### Thursday, July 16

#### TCC and TFAC Luau Day

Aloha! Hula on in wearing your Hawaiian prints. Hula Hoops will be available from 1-3 pm and 5-7 pm.

### Friday, July 17

#### TCC and TFAC Water/Sun Safety Day

Stop by the pool office for a handout on water and sun safety. Color one of our safety pictures and we will put it up for the day.

### Saturday, July 18

**TCC Beach Party** - Join us in winding up Summer Celebration Week by having a beach party. Sign up for our coloring contest. Stop by the pool office to participate.

**TFAC Beach Party** - Join us for a day in the sand! Sign up for our sand building contest. Register in the managers office to participate.

Three winners will be announced on Wednesday, July 23 and small prizes will be awarded at the pool offices.

## Lap Swimmers: Island Swim Contest

### July 12-18

Join us in swimming around a designated island selected by pool staff at both facilities. The swim will start on Sunday, July 13 and go until Saturday, July 19. Lap swimmers will keep track of progress and the first three to swim around the island at each facility will receive a small prize. The island will be posted a week before Summer Celebration Week.



## Private and Semi-Private Swim Lessons Available!

All summer private and semi-private lessons are held at the Troy Family Aquatic Center (outdoor pool).

### Fees are as follows:

Private ½ hour: NR: \$40; Res Disc: \$35

Private hour: NR: \$65; Res Disc: \$60

Semi-private (2-4 participants) hour: \$50/NR; \$45/Res Disc

Semi-private package of 3 sessions:  
\$125/NR; \$120 per Res Disc



## Troy Family Aquatic Center (TFAC) 3425 Civic Center Drive

The Troy Family Outdoor Aquatic Center will open for its 18th season Memorial Day weekend and will remain open through Labor Day. The Aquatic Center features a main pool with a zero-depth edge, tube and body slides, a kiddie area that includes a waterfall, slide and spray area, sand volleyball, sand play area, and concession area.

### OPEN HOUSE:

Saturday, May 16 from 10 am-noon

Sunday, May 24 from 2-4 pm

Tour the Aquatic Center and talk to staff about the facility.

Staff is also available during regular hours for tours.

**Two Free Guest Passes will be provided to individuals who purchase a season pass before May 22.** (Limit 2 free passes per household). Purchase season passes at the Troy Community Center, 3179 Livernois now during regular business hours.

### Pass Promotions

\* Members of the Aquatic Center can purchase a Community Center Summer Pass for 50% off.

\* **Cross Usage Days (June 12 and July 10)** – TFAC pass holders can visit the Community Center at no charge. Community Center pass holders have the same privileges at TFAC.

### Troy Family Aquatic Center 2009 Rates

| Daily Passes   | Fee     |
|--|---------|
| Resident   | \$7.75  |
| Resident Twilight (after 5 pm)                                   | \$4     |
| Non-Resident Employee  | \$9.50  |
| Non-Resident Employee Twilight (after 5 pm)                      | \$5     |
| Non-Resident   | \$11    |
| Non-Resident Twilight (after 5 pm)                               | \$5.75  |
| <b>Season Passes</b>   |         |
| Resident   | \$76.50 |
| Resident Additional Family Member                                | \$44    |
| Non-Resident Employee  | \$93    |
| Non-Resident Employee Add'l Family Member                        | \$55    |
| Non-Resident   | \$107   |
| Non-Resident Additional Family Member                            | \$61.50 |
| <b>Punch Cards (good for 8 admissions - valid for 2009 only)</b> |         |
| Resident   | \$51.25 |
| Non-Resident Employee  | \$63.50 |
| Non-Resident   | \$73.50 |

*Children under 3 years old as of May 1, 2009 do not need a pass.*

### Daily/Seasonal Passes & Punch Card Information:

- Daily Passes, Punch Cards and Season Passes are available for open swim hours. A seasonal pass does not guarantee admission if the facility reaches capacity.
- To receive a discounted resident or non-resident employee rate, a picture ID is required along with proper identification.
- For residents this includes: a driver's license, Michigan ID card, utility bill, tax statement, lease agreement, or a voter or car registration. Residents are permitted to renew by mail, if pass is less than three years old.
- For non-resident employees that work for a business located within the City of Troy this includes: a driver's license or Michigan ID card, and either a letter from the employer verifying employment with beginning date, location and nature of employment or a W-2 form from the previous year with the name of the employer.
- Additional family members, spouse or children, need proper identification to be on a punch card or seasonal pass, this includes: A picture ID with address for spouse and for children a birth certificate with parents names, custodial papers or passport with parents name and address, or for Troy residents, a report card showing a Troy address and birth date.

### Important Facility Rules

- Children under 10 must be directly supervised in the water by an individual 16 or older.
- Appropriate and approved swim wear is required.
- Diapers and rubber pants are required for children not yet potty trained. These are available for purchase at the cashier booth.
- For safety reasons flotation devices and toys are not allowed in the facility.
- Sliders must be 42" tall and a swim test may also be required.
- Outside food and drinks are not permitted into the facility; a concession area offers food and drinks for sale and an outdoor picnic area is available outside the facility.



## 2009 Troy Family Aquatic Center Hours

(subject to change)

Open Memorial Day Weekend – Labor Day

### Early Season Hours: May 22-June 15

|                              |               |
|------------------------------|---------------|
| Monday-Friday                | 3 pm-7:30 pm  |
| Saturday-Sunday              | 11 am-7:30 pm |
| Special Holiday hours May 25 | 11 am-7:30 pm |

### Regular Hours: June 16-September 7

|                                |               |
|--------------------------------|---------------|
| Monday-Thursday (June and Aug) | 11 am-7:30 pm |
| Monday-Thursday (July)         | 11 am-8 pm    |
| Friday-Sunday                  | 11 am-7:30 pm |

**Free Admission Friday, May 22 3 pm -7:30 pm**

**August 31-September 7:** Some features may not be available due to staffing.



## Parties/Groups/Rentals

Reservations are now being accepted. Call the Parks and Recreation Department at 248.524.3484.

## Birthday Parties and Celebrations

It's the hassle-free way to celebrate that special day. Parties include invitations, choice of lunch, cake, ice cream, goody bag, and entry into the facility. Available daily, food served between 12 pm to close. Minimum of 10 people. Reservations and \$70 deposit are required. Fees are: Resident - \$13/person; Non-residents - \$15/person. Any participant in the party that is a season pass holder will get \$2 off their admission.

## Groups of 20 or more

Groups that have made reservations and submitted their \$70 deposit can enter for \$6 per resident and \$7 per non-resident.

## School Groups - Friday, June 5

**11 am-3 pm**

Schools and groups get an early start at TFAC on June 5 from 11 am-3 pm at a special \$4 rate per person! Call 248.524.3484 to reserve your group.

## Private Rentals

The entire facility may be rented for your own event. The facility is available Sun-Thurs from 9 pm-12 am, and Fri-Sat from 7:30 pm -12 am. Groups of up to 1,200 people can be accommodated. Concessions are available or food may be brought in.

## Pass Holder Specials

- Receive two Free Guest Passes – Season pass holders who purchase a pass before May 22 will receive two free guest passes (limit 2 per household)
- Season Pass Holder Guest Days, Thursday, June 11 and July 9 – Season Pass holders to the Aquatic Center will be allowed to bring a guest in all day at the twilight rate. The rate is determined by the guest's residency status.
- Cross Usage Days – June 12 and July 10: TFAC Pass holders can visit the Community Center at no charge.
- See page 41 for pass promotions.

Community Center Pass holders can use TFAC during CC shutdown from Aug 24-Sept 7 free of charge for pool and marcite renovations.

## 2009 Special Days

**Father's Day: Sunday, June 14** – Fathers accompanied by children over 3 will be admitted free. Regular fees apply for children.

**College ID Day: Thursday, June 25 and August 6** – College students with a college ID will be admitted all day at the evening rate. Rate is determined by student's residency status.

**Family Night: Saturday, July 11** – Families will be admitted into the Aquatic Center from 5-7:30 pm for only \$8 (up to 4 family members)

**Mother's Day: Sunday, July 12** – Mothers accompanied by children, over 3, will be admitted free. Regular fees apply for children.

**Grandparent's Day: Every Tuesday!** – Grandparents receive free admission when accompanied by children over 3. Regular fees apply for children.

## Teens

**Teen Day: Wednesday, June 17**

**Back to School Special: Wednesday, August 12**

Bring School ID or driver's license and pay the evening rates all day for these two days. Rate is determined by student's residency status.

## JamFest:

**Fridays June 26, July 10, 17, 24, 31, Aug 7 and 14.**

Fee is \$5 per teen – for an entertainment schedule visit our website at: [www.troy.mi.gov/parksrec/tfac](http://www.troy.mi.gov/parksrec/tfac)



## Preschool Swim Lessons - NR: \$54/session; Res Discount: \$49/session

Test day for new students: Mon, May 11 from 6:30-8 pm at the Community Center indoor pool. Children will be tested to allow parents to register them in the proper class.

Register for desired class and time. Instructor ratio is 1:6 for classes without parent, and 1:15 for Parent and Tot and Parent and Infant classes. Participants must furnish towel and suit. All fees are separate from passes. *Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.*

### Class Descriptions

**Parent and Infant (6 months- 18 months)** – NOTE: this class takes place at the Community Center indoor pool, see page 38.

**Parent and Tot (19 months- 3 years)** – Adult participation is required. This class is an extension of the Parent and Infant class.

**One Fish (3-5 years)** - For children ready to participate in lessons on their own. Basic swimming skills such as blowing bubbles, basic arm and leg movements, and water safety.

**Two Fish (3-5 years)** - Learn beginner stroke, glides, and water safety.

**Red Fish (3-5 years)** - Improve beginner stroke, floats, glides, introduce other swimming strokes, and water safety.

**Blue Fish (3-5 years)** - Continues to develop beginner stroke, continue learning other strokes, water safety, and improve endurance.

*Students that pass Blue Fish and are 5 years old may register for the Level 2 class.*

*Private swim lessons also available - see page 40 for details.*

### ALL PM PRESCHOOL CLASSES TAKE PLACE DURING OPEN SWIM!

#### Session 1: May 26-29, June 1-4 (starts Tue)

##### Act# 233700

|   |              |              |
|---|--------------|--------------|
| A | 1:45-2:15 pm | Parent & Tot |
| B | 1:45-2:15 pm | Red Fish     |
| C | 1:45-2:15 pm | Blue Fish    |
| D | 2:20-2:50 pm | Two Fish     |
| E | 2:20-2:50 pm | One Fish     |
| F | 4:30-5 pm    | Two Fish     |
| G | 5-5:30 pm    | Red Fish     |
| H | 5-5:30 pm    | One Fish     |
| I | 5:35-6:05 pm | Two Fish     |
| J | 5:35-6:05 pm | Blue Fish    |
| K | 6:10-6:40 pm | One Fish     |
| L | 6:10-6:40 pm | Parent & Tot |
| M | 6:10-6:40 pm | Red Fish     |

#### Session 2: June 8-June 18 (M-TH)

##### Act# 233701

|   |                |                |
|---|----------------|----------------|
| A | 10:15-10:45 am | All Fish       |
| B | 10:15-10:45 am | Parent & Tot   |
| C | 5-5:30 pm      | One, Two Fish  |
| D | 5:35-6:05 pm   | Blue, Red Fish |
| E | 6:10-6:40 pm   | One, Two Fish  |
| F | 6:10-6:40 pm   | Parent & Tot   |
| G | 7:30-8 pm      | All Fish       |

#### Session 3: June 22-July 2 (M-TH)

##### Act# 233702

|   |                |                |
|---|----------------|----------------|
| A | 9:25-9:55 am   | All Fish       |
| B | 10:15-10:45 am | Parent & Tot   |
| C | 6:20-6:50 pm   | Red, Blue Fish |
| D | 6:55-7:25 pm   | One, Two Fish  |
| E | 6:55-7:25 pm   | Parent & Tot   |
| F | 7:30-8 pm      | All Fish       |

#### Session 4: July 6-July 16 (M-TH)

##### Act# 233703

|   |                |                |
|---|----------------|----------------|
| A | 9:25-9:55 am   | All Fish       |
| B | 10:15-10:45 am | Parent & Tot   |
| C | 6:20-6:50 pm   | One, Two Fish  |
| D | 6:55-7:25 pm   | Red, Blue Fish |
| E | 6:55-7:25 pm   | Parent & Tot   |
| F | 7:30-8 pm      | All Fish       |

#### Session 5: July 20-July 30 (M-TH)

##### Act# 233704

|   |                |                |
|---|----------------|----------------|
| A | 9:25-9:55 am   | All Fish       |
| B | 10:15-10:45 am | Parent & Tot   |
| C | 6:20-6:50 pm   | One, Two Fish  |
| D | 6:55-7:25 pm   | Red, Blue Fish |
| E | 6:55-7:25 pm   | Parent & Tot   |
| F | 7:30-8 pm      | All Fish       |

#### Session 6: Aug 3-Aug 13 (M-TH)

##### Act# 233705

|   |                |                |
|---|----------------|----------------|
| A | 9:25-9:55 am   | All Fish       |
| B | 10:15-10:45 am | Parent & Tot   |
| C | 6:20-6:50 pm   | One, Two Fish  |
| D | 6:55-7:25 pm   | Red, Blue Fish |
| E | 6:55-7:25 pm   | Parent & Tot   |
| F | 7:30-8 pm      | All Fish       |

#### Session 7: Aug 17-Aug 27 (M-TH)

##### Act# 233709

|   |                |                |
|---|----------------|----------------|
| A | 9:25-9:55 am   | All Fish       |
| B | 10:15-10:45 am | Parent & Tot   |
| C | 4:20-4:50 pm   | One, Two Fish  |
| D | 4:55-5:25 pm   | Red, Blue Fish |
| E | 5:30-6 pm      | One, Two Fish  |
| F | 6:05-6:35pm    | Red, Blue Fish |
| G | 6:05-6:35pm    | Parent & Tot   |

#### Session 8: Aug 29-Sept 5 (8 days; Sat-Sat)

##### Act# 233723

|   |                |                |
|---|----------------|----------------|
| A | 9:25-9:55 am   | All Fish       |
| B | 10:15-10:45 am | Parent & Tot   |
| C | 4:20-4:50 pm   | One, Two Fish  |
| D | 4:55-5:25 pm   | Red, Blue Fish |
| E | 5:30-6 pm      | One, Two Fish  |
| F | 6:05-6:35pm    | Red, Blue Fish |
| G | 6:05-6:35pm    | Parent & Tot   |

#### Saturday: 8 Week: June 13-Aug 8

##### No class July 4

##### Act# 233706

|   |               |              |
|---|---------------|--------------|
| A | 9:25-9:55 am  | All Fish     |
| B | 10:15-10:45am | Parent & Tot |

#### Sunday: 8 Week: June 14-Aug 9

##### No class July 5

##### Act# 233714

|   |              |                |
|---|--------------|----------------|
| A | 5:45-6:15 pm | One, Two Fish  |
| B | 5:45-6:15 pm | Parent & Tot   |
| C | 6:20-6:50 pm | One, Two Fish  |
| D | 6:55-7:25 pm | Red, Blue Fish |

### Inclement Weather:

There is no make-up for the first class that is cancelled by inclement weather. All others will be made up on Fridays or days in which class does not normally take place. Friday evening class makeups will be held one hour earlier. In case of inclement weather call the TFAC Hotline at 248.524.3518 or check on-line at [www.troy.mi.gov/parksrec](http://www.troy.mi.gov/parksrec) one half hour before class.

## Youth Swim Lessons - NR: \$66/session; Res Discount: \$61/session

Test days for new students: Monday, May 11 from 6:30-8 pm at the Troy Community Center indoor pool. Children will be tested to allow parents to register them in the proper class. **Ratio:** 1:8 **Location:** Troy Family Aquatic Center (outdoor pool)

*Private swim lessons also available - see page 40 for details.*

*Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.*

### Class Descriptions:

All classes are in accordance with American Red Cross instruction. It is necessary to pass each level before progressing. Please bring Red Cross cards to the first class. All classes are for children 6 years and older.

**Level 1-** Water exploration for children who have little or no experience in the water. This class entails water safety, breath holding, arm strokes, kick, and supported floats.

**Level 2-** Primary skills for children who can put their face in the water. Class works on floats, beginner stroke, and water safety.

**Level 3-** Emphasis on rhythmic breathing, while learning arm stroke and kick for front crawl and back crawl. Will introduce butterfly kick and treading water.

**Level 4-** Perfect front and back crawl. Introduce elementary backstroke, breaststroke, sidestroke, survival float and advanced water safety.

**Level 5-** Perfect front and back crawl, elementary backstroke, breaststroke, introduce sidestroke, butterfly, and flip turns.

**Level 6-** Focus on perfecting all strokes and improving endurance. Students learn CPR, rescue breathing, and other beginner lifeguarding skills.

**\*Level 7-** Competitive class that will focus on stroke perfection and endurance, not an American Red Cross class. **NR: \$78 Res: \$73**

### ALL PM LEVEL CLASSES DURING THE FIRST TWO SESSIONS, SUNDAYS AND SESSION 7 & 8 ARE DURING OPEN SWIM!

#### Session 1: May 26-29, June 1-4 (starts Tue) Act# 233700

|   |              |            |
|---|--------------|------------|
| N | 5:25-6:40 pm | Level 7*   |
| O | 6:45-7:30 pm | Level 1    |
| P | 6:45-7:30 pm | Level 2    |
| Q | 6:45-7:30 pm | Level 6    |
| R | 6:45-7:30 pm | Level 3    |
| S | 7:35-8:20 pm | All Levels |

#### Session 2: June 8-June 18 (M-TH) Act# 233701

|   |              |            |
|---|--------------|------------|
| H | 5:25-6:40 pm | Level 7*   |
| I | 6:45-7:30 pm | Level 1    |
| J | 6:45-7:30 pm | Level 2    |
| K | 6:45-7:30 pm | Level 3    |
| L | 8:05-8:50 pm | All Levels |

#### Session 3: June 22-July 2 (M-TH) Act# 233702

|   |              |            |
|---|--------------|------------|
| G | 8:35-9:20 am | All Levels |
| H | 10-10:45 am  | All Levels |
| I | 8:40-9:55 am | Level 7*   |
| J | 6:45-8 pm    | Level 7*   |
| K | 8:05-8:50 pm | All Levels |

#### Session 4: July 6-July 16 (M-TH) Act# 233703

|   |              |            |
|---|--------------|------------|
| G | 8:35-9:20 am | All Levels |
| H | 10-10:45 am  | All Levels |
| I | 8:40-9:55 am | Level 7*   |
| J | 6:45-8 pm    | Level 7*   |
| K | 8:05-8:50 pm | All Levels |

#### Session 5: July 20-July 30 (M-TH) Act# 233704

|   |              |            |
|---|--------------|------------|
| G | 8:35-9:20 am | All Levels |
| H | 10-10:45 am  | All Levels |
| I | 8:40-9:55 am | Level 7*   |
| J | 6:45-8 pm    | Level 7*   |
| K | 8:05-8:50 pm | All Levels |

#### Session 6: Aug 3-Aug 13 (M-TH) Act# 233705

|   |              |            |
|---|--------------|------------|
| G | 8:35-9:20 am | All Levels |
| H | 10-10:45 am  | All Levels |
| I | 8:40-9:55 am | Level 7*   |
| J | 6:45-8 pm    | Level 7*   |
| K | 8:05-8:50 pm | All Levels |

#### Session 7: Aug 17-Aug 27 (M-TH) Act# 233709

|   |              |            |
|---|--------------|------------|
| H | 8:35-9:20 am | All Levels |
| I | 10-10:45 am  | All Levels |
| J | 8:40-9:55am  | Level 7*   |
| K | 6:10-7:25 pm | Level 7*   |
| L | 6:40-7:25 pm | Level 3    |
| M | 6:40-7:25 pm | Level 2    |
| N | 7:30-8:15 pm | All Levels |

#### Session 8: Aug 29-Sept 5(8 days; Sat-Sat) Act# 233723

|   |              |            |
|---|--------------|------------|
| H | 8:35-9:20 am | All Levels |
| I | 10-10:45 am  | All Levels |
| J | 8:40-9:55am  | Level 7*   |
| K | 6:10-7:25 pm | Level 7*   |
| L | 6:40-7:25 pm | Level 3    |
| M | 6:40-7:25 pm | Level 2    |
| N | 7:30-8:15 pm | All Levels |

\*NR: \$78; Res Disc: \$73

#### Saturday 8 Week: June 13-Aug 8 No class July 4

##### Act# 233706

|   |               |            |
|---|---------------|------------|
| C | 8:35-9:20 am  | All Levels |
| D | 10-10:45 am   | All Levels |
| E | 9:40-10:55 am | Level 7*   |

#### Sunday 8 Week: June 14-Aug 9 No class July 5

##### Act# 233714

|   |              |            |
|---|--------------|------------|
| E | 6:10-7:25 pm | Level 7*   |
| F | 7:30-8:15 pm | All Levels |

### FOR ALL SWIM CLASSES:

**NOTE:** Online registration is available on normal registration days

**NOTE:** Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.

Online registration is available beginning May 12 for swim classes; see procedures on pages 86-87.

### Weather Cancellations

There is no make-up for the first class that is cancelled by inclement weather. All others will be made up on Fridays or days in which class does not normally take place. Friday evening class makeups will be held one hour earlier. In case of inclement weather call the TFAC Hotline at 248.524.3518 or check on-line at [www.troy.mi.gov/parksrec](http://www.troy.mi.gov/parksrec) one half hour before class.

## American Red Cross Guardstart

The Guardstart Program is for youth age 11-14. The program introduces the skills needed for entry to the lifeguard training course. Although students will not be lifeguard certified at the completion of the course they will be more prepared to take the lifeguard course when they reach age 15. Participants will receive a whistle, lanyard, lifeguard shirt, and a rescue tube keychain.

**Act#233710 - Location:** Troy Family Aquatic Center

| Sec | Time      | Dates     | Days | NR   | Res Disc |
|-----|-----------|-----------|------|------|----------|
| A   | 11am-1 pm | 7/13 - 29 | M/W  | \$81 | \$76     |
| B   | 1-3 pm    | 7/13 - 17 | M-F  | \$81 | \$76     |
| C   | 5-7 pm    | 8/4 - 20  | T/TH | \$81 | \$76     |

## American Red Cross Lifeguard Class

This class is for anyone age 15 and older who is interested to learn the skills required to be a lifeguard. Participants will receive training and upon attaining passing scores will receive certification in American Red Cross Lifeguarding, CPR, and First Aid. Lifeguard applications are accepted at the Community Center Indoor Pool.

**Act#233708 - Location:** Troy Family Aquatic Center and THS

| Sec | Time       | Dates    | Days  | NR    | Res Disc |
|-----|------------|----------|-------|-------|----------|
| A   | 5-9 pm     | 6/8-16*  | M-F   | \$166 | \$161    |
| B   | 11 am-4 pm | 6/13-8/8 | Sat   | \$166 | \$161    |
| C   | 3-8 pm     | 6/14-8/9 | Sun   | \$166 | \$161    |
| D   | 11 am-5 pm | 6/22-30* | M-F   | \$166 | \$161    |
| E   | 5-9:30 pm  | 7/7-30   | T/TH  | \$166 | \$161    |
| F   | 11 am-5 pm | 7/13-21  | M-F   | \$166 | \$161    |
| G   | 11 am-5 pm | 8/3-19   | M/W/F | \$166 | \$161    |

\*no class 7/4 - 7/5

## American Red Cross Lifeguard Instructor Class

This class is for anyone age 17 and older who is interested in being certified to teach the American Red Cross Lifeguard Training Course. Prereq: Must have current American Red Cross Lifeguarding and CPR certification.

**Location:** Troy Community Center and Troy Family Aquatic Center

**Session: June 14 - Aug 2 (No class 7/5)**

| Act#    | Day | Time      | NR    | Res Disc |
|---------|-----|-----------|-------|----------|
| 233712A | Sun | 9 am-1 pm | \$286 | \$281    |

## American Red Cross Water Safety Instructor Class

This class is for anyone age 16 and older interested in being certified to teach American Red Cross swim program classes. Prereq: 25 yards of freestyle, back crawl, breaststroke, and sidestroke.

**Location:** Troy Community Center and Troy High School

**Session: June 14 - Aug 2 (No class 7/5)**

| Act#    | Day | Time         | NR    | Res Disc |
|---------|-----|--------------|-------|----------|
| 233713A | Sun | 1:30-5:30 pm | \$286 | \$281    |

See our *Water Warrior Camp* on page 49.

**NOTE:** Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.

Online registration is available beginning May 12 for swim classes; see procedures on pages 86-87.

## Birthday Parties

Plan your next party at the Troy Community Center – the hassle free way! We will do all the work and you will have all the FUN!

### Parties Available:

Friday 6:30-9 pm and 8-10:30 pm

Saturday 11:30 am-2 pm; 1-3:30 pm; 2:30-5 pm

Sunday 1-3:30 pm; 2:30-5 pm

*Not available on holiday weekends.*

- Group size: 12 participants (\$11/each additional guest)
- Resident rate \$185
- Non-resident \$205
- Standard party includes one hour of gym or pool time during open swim, one hour in the party room and food consisting of pizza, ice cream, and drink. Gym use is based on availability.
- Full payment is required at the time of reservation.
- Application and payment must be submitted at least one week prior to party.

### Ask about our theme party options:

- Princess
- Spiderman
- Sports
- High School Musical

**New 2½  
hour  
parties!**

**Call 248.524.3484 to reserve your next party!**

## The Teen Scene – Grades 6-12 are Free

Troy teens and their guests can play billiards, foosball, shuffleboard, air hockey, and video games (Nintendo Game Cube) and watch movies or TV on the BIG SCREEN TV. Advance registration is required. Forms are available at the Administrative Desk and online at: [www.troy.mi.gov/parksrec/forms](http://www.troy.mi.gov/parksrec/forms)

### Summer Hours:

Monday-Friday: 9 am-9 pm

Saturday: 9 am-4 pm

